

## Nansemond-Suffolk Academy

9:00AM - 3:00PM

Ages: 6-17 years old

Cost: \$250.00

(Space may be limited so please sign up early!)

\*Lunch will be provided for each camper\*

An instructional camp that emphasizes the development of fundamental skills. Daily instruction and station work are designed to encourage mastery of basic skills. The campers will be separated according to age and skill development to compete in games.

## Camp Director Kim Aston

## Head Girls' Basketball Coach Nansemond-Suffolk Academy

Coach Aston was a scholarship player at Old Dominion University, as the Lady Monarchs won championships in both the Sunbelt and Colonial Conferences, along with 3 NCAA appearances. She scored over 1,500 points in her high school career and was recruited by over 100 universities. Currently, Coach Aston is the head coach at Nansemond-Suffolk Academy. She has been named "Coach of the Year" several times, including 2019 & 2020 TCIS & 2016 VISAA State Coach of the Year and has sent many players onto the collegiate level.

#### Western Branch

District Tournament Champions 1996 & 2000

#### Nansemond-Suffolk Academy

TCIS Tournament Champions 1997, 2014, 2016, 2020 TCIS Season Champions 2014, 2015, 2016, 2017, 2020

### **Instructional Camp includes:**

3 point contest, Free Throw contest, 1 on 1 contest, Team Championship, Individual awards, T-shirts, and much more!

## SHOOTING STAR BASKETBALL CAMP, INC.

Player Name		
Address		
City/State/Zip		
		size
		Age
Email address		
their best judgment in an emerge	ency requiring medica / for any injuries or illr	Camp, Inc. to act for me according to I attention. I hereby waive and release nesses incurred at camp. I have no ffected by the above camper's
Parent or Guardian's Sig	gnature	

Registration fee is \$50 and is non-refundable. The balance of \$200 should be paid on arrival at camp or preferably before to avoid any unnecessary delays on the first day of camp. Credit card payments can be taken on-site the first day of camp.

# Make checks payable to : Shooting Star Basketball Camp, Inc. 5104 Bayport Landing Suffolk, VA 23435

\*If you have any questions, please call Coach Aston at (757) 353-2335 or send an email to kaston@nsacademy.org. Thank you!

